



Parent Workshop

improving your child's digital wellbeing

CHILDREN AND YOUNG PEOPLE ARE MORE ATTACHED THAN EVER TO THEIR DIGITAL DEVICES. HELPING THEM TO FIND A HEALTHIER BALANCE IN THEIR USE OF TECHNOLOGY AND SOCIAL MEDIA IS VITAL FOR THEIR WELLBEING.

This practical, informal, and non-judgemental workshop will help parents, grandparents and carers explore the relationship between social media, electronic devices, and their child's wellbeing. It will equip them with the tools they need to help their children thrive by becoming digitally resilient. The workshop will be delivered by Dr Deborah Webster, founder of Thrive Academy and an expert in child and adolescent digital wellbeing and resilience.



Windsor Hill Primary School

Thursday 19th January 2022 @ 7pm

All Parents, carers and friends welcome