



EAT SMART WITH

THE LUNCH BUNCH

ea catering
WEEK 2

Week Beginning
28 August
25 September
23 October
20 November
18 December

MONDAY

MAIN COURSES

Chicken Nuggets

Or

Homemade Lasagne

SIDES

Steamed Broccoli &
Garden Peas

Chipped Potato,
Pasta

DESSERT

Ice Cream, Chocolate
Sauce & Sliced Peas

TUESDAY

MAIN COURSES

Spaghetti Bolognese

Or

BBQ Chicken Pizza

SIDES

Sweetcorn & Baked
Beans

Diced Potatoes, Mashed
Potatoes, Salad

DESSERT

Fruit & Rice Pudding

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken
Curry & Naan Bread

Or

Golden Crumbed Fish
Fingers

SIDES

Garden Peas

Rice, Salad, Mashed
Potato

DESSERT

Rice Krispie Square &
Fruit

THURSDAY

MAIN COURSES

Roast Turkey, Stuffing &
Rich Gravy

Or

Salmon Fishcake

SIDES

Cauliflower & Baton
Carrots

Mashed Potato

DESSERT

Fruit Muffin

FRIDAY

MAIN COURSES

Steak Burger &
Tomato Ketchup

Or

Chicken Crumble

SIDES

Sweetcorn & Salad

Or

Chipped Potato, Pasta

DESSERT

Flakemeal Biscuit &
Fruit

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL