

# School Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 30/8 27/9 25/10 22/11 20/12	Spaghetti Bolognaise & Homemade Garlic Bread Or Breaded Fish Fingers Baton Carrots Medley of Fresh Vegetables Mashed Potato Vanilla Ice Cream pot Or Yoghurt & Fruit	Breast of Chicken Curry & Rice, Naan Bread Or Chicken & Cheese Melt Garden Peas *Salad Selection Mashed Potato, Baby Boiled Potatoes	Homemade Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla wrap Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists	Roast Pork Or Roast Chicken Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato	Hot Dog Or Ciabatta Pizza Slices Baked Beans Peas *Tossed Salad Chips, Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit
<b>WEEK 2</b> 6/9 4/10 1/11 29/11	Chicken Chow Mein Or Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Fresh Fruit Selection & Fresh Yoghurt	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Homemade Margherita Pizza Garden Peas, Tossed Salad Pasta Twists	Cheesy Bolo Pasta Or Fresh Breaded Fish Goujons with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato	Roast Breast of Chicken Or Chicken Crumble Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato Chocolate muffin Or Fruit & Yoghurt	Chicken Nuggets Or Hot Thai flavoured Chicken Wrap Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato Vanilla Ice Cream pot Or Yoghurt & Fruit
<b>WEEK 3</b> 13/9 11/10 8/11 6/12	Italian Bolognaise Pasta Or Breaded Fish Fingers Baked Beans, Sweetcorn Broccoli Florets Mashed Potato Ice Cream pot Or Yoghurt & Fruit	Mac & Cheese Or Homemade Sait & Chilli or Traditional Chicken Goujons, Selection of dipping sauces Baton Carrots, * Salad Selection, Chips, Mashed Potato	Mexican Enchilada Or Oven Baked Sausage Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes	Chicken Panini Or Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato Chocolate Cookie Or Fruit & Yoghurt	Traditional Homemade Chicken or Smooth & Hearty Vegetable Soup Steak Burger in Bap, Or Bang Bang Chicken in Hot Baguette Mashed Potato, Tossed Salad Selection of breads Frozen Mousse or Fresh Fruit & Yoghurt
<b>WEEK 4</b> 20/9 18/10 15/11 13/12	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken & Broccoli Bake Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Chocolate muffin Or Fruit & Yoghurt	Chicken Stir Fry & Noodles Or Oven Baked Sausage Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit	Roast Breast Chicken Or Beef Stew Herb Stuffing Gravy Diced Turnip Fresh Baton Carrots Mashed Potato Jelly Pot or Yoghurt & Fruit	Spaghetti Bolognaise Or Fresh Breaded Fish Fillets Or Salmon fish cake Lemon Slice and Tartar Sauce, Broccoli & Cauliflower Florets Mashed Potato Selection of Fruit & Yoghurt	Homemade Margherita Pizza Or Marinated Chicken Fillets with warm Tortilla Wraps * Salad Selection Sweetcorn Traditional Champ Chips Artic Roll or Fruit & Yoghurt

**Breads**  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily

**\*2 Items from Cook's Salad Selection**  
Rice Salad,  
Coleslaw  
Sweet Chillli Pasta  
Tossed Salad  
Lettuce, Cherry  
Tomato  
Carrot Sticks  
Cucumber Sticks  
Diced Red Peppers  
Red Onion  
Radish

**If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form**

Rice, Pasta, Potatoes and Gravy can be served Daily



Menu choices subject to deliveries  
Fresh Fish May Contain Bones